



# Visit Gouveia

*The best of Estrela starts here.*



Get to know the Municipal Walking Trails Network!  
For more information, consult: [www.cm-gouveia.pt](http://www.cm-gouveia.pt)  
Share your experience with us!



PR7  
GVA

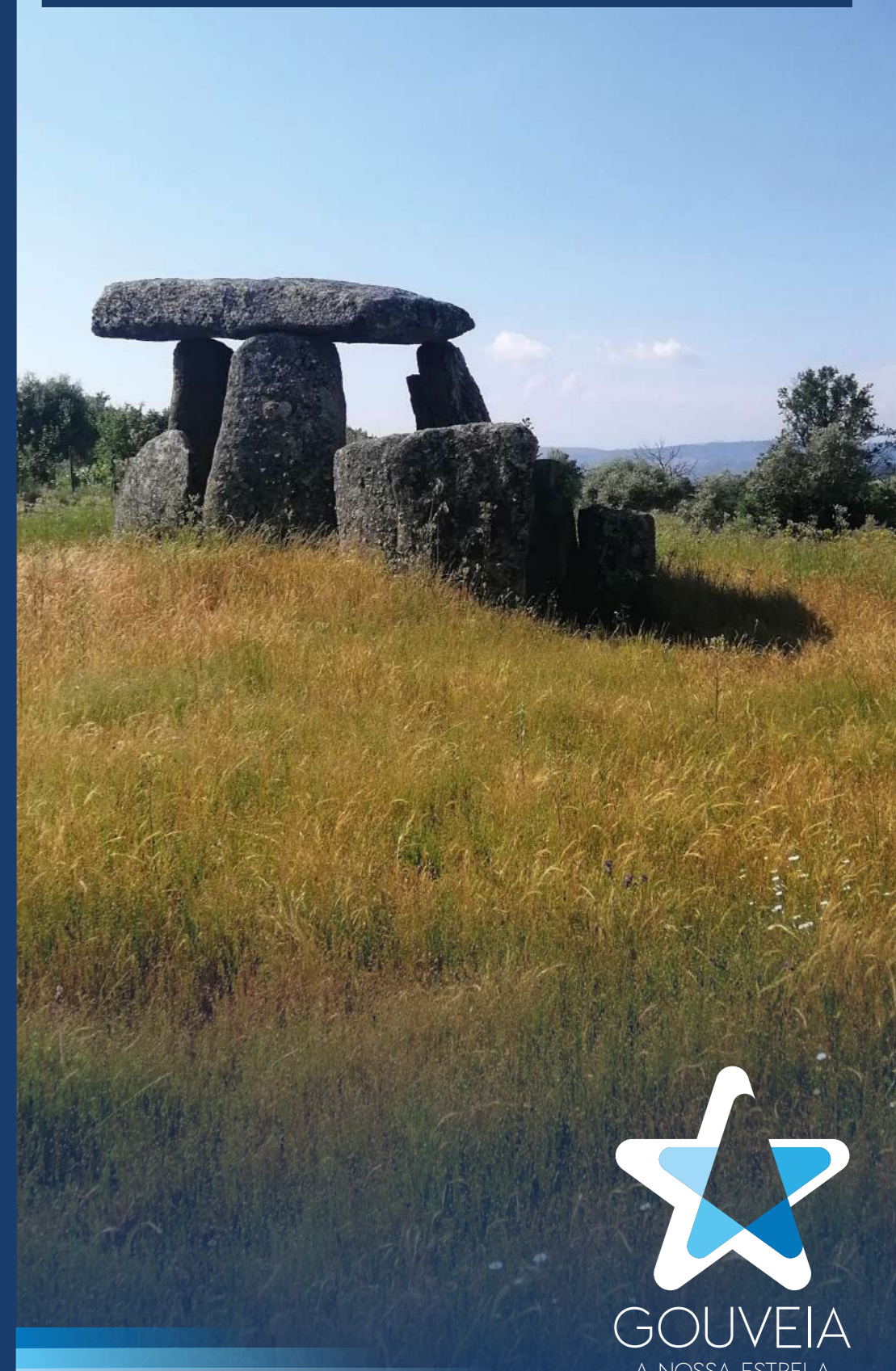
Small Route

# Rio Torto

Local Waymarked Trails



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# Small Route Rio Torto

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GVA

Starting from the Main Parish Church dedicated to S. Domingos, we go to the oldest testimony of human presence in the municipality of Gouveia: the Pedra da Orca Dolmen, which is about 2 km from the village. Returning to the urban agglomeration and before crossing the Rio Torto, we can take a short detour to appreciate the ingenuity of ancient people in idyllic fillies to cross, on foot, the water line since very ancient times.

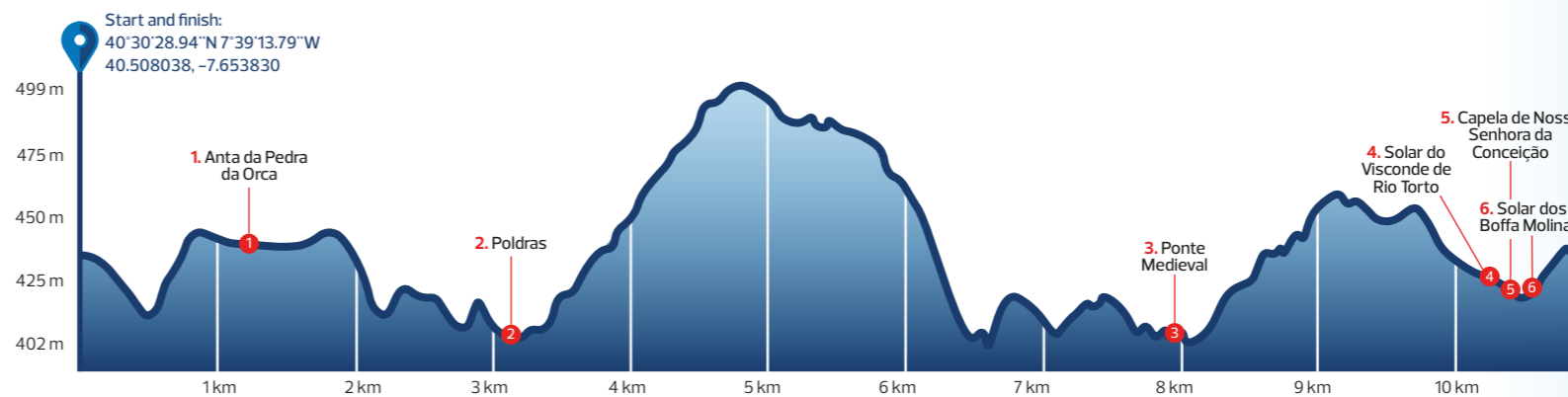
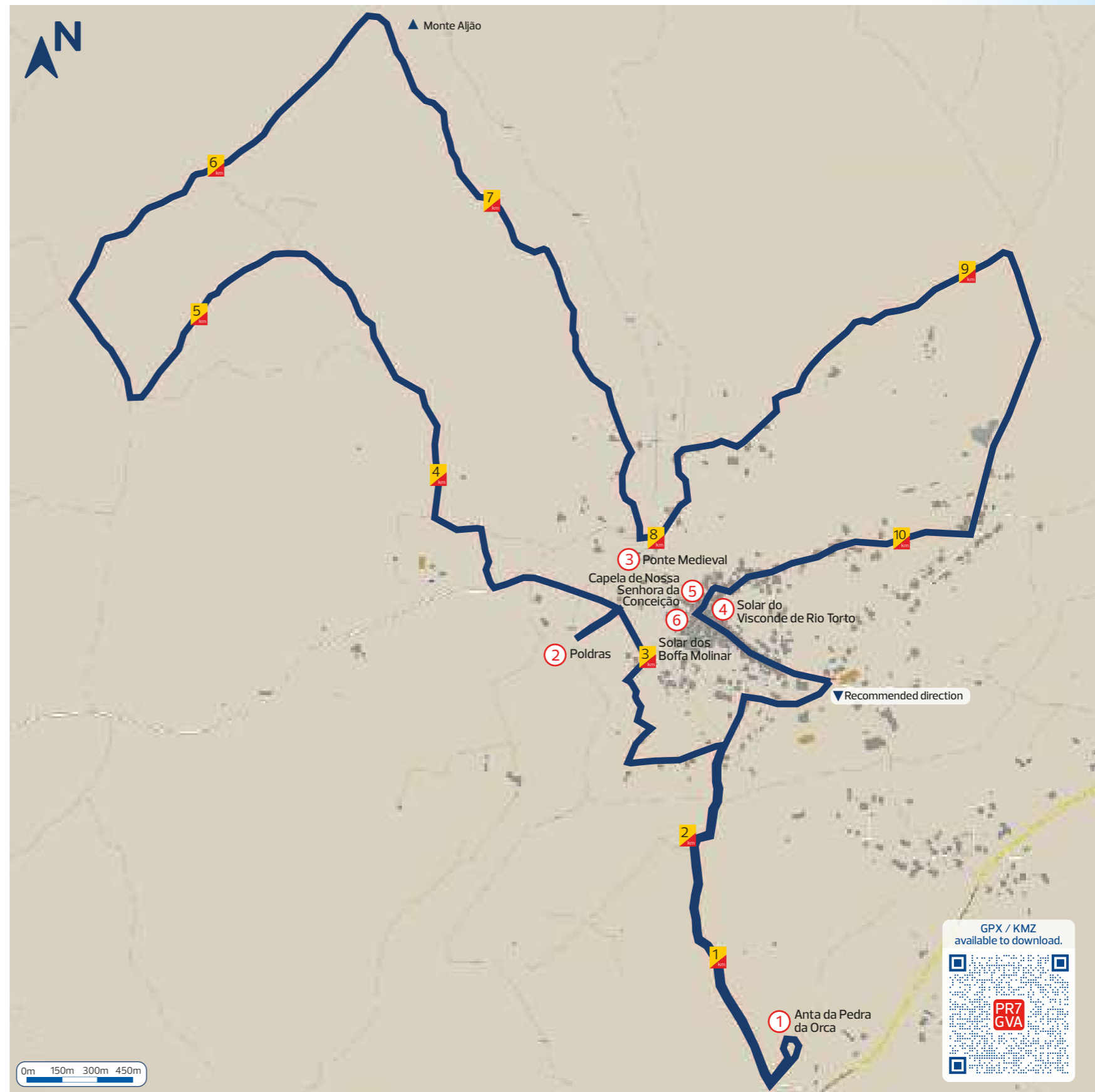
From here, we traverse the surrounding landscape through the different strategies that human beings have adopted in their relationship with the environment. Being between the hillside and the Mondego valley, we have an incomparable view of the surrounding landscape until we return to the outskirts of the town and, again, cross the river on a medieval bridge in excellent condition, where there is a small shrine. Further on, the trail passes along the upper-medieval rock necropolis of Aljão, which is located on this private property and is only accessible going to the Parque da Senhora dos Verdes (Park).

The relationship of these rural communities with the moment of death is witnessed in these ancient practices, which indicate the presence of a rural community heir to the times when the Romans dominated this place, remaining in the Middle Ages. During the modern era, the prosperity of the local economy is reflected in the vernacular architecture with ancient inscriptions on the doorposts and doorframes, popularly believed to be Jewish, but are a reflection of modern popular culture and barely associated with the New Christian communities.

The manor houses and noble properties also bear witness the local development in the contemporary era, on a journey through the presence of human beings in this territory, where time still runs with the bucolic lightness characteristic of this rural environment guided by the visibility of the strategies that built the irreverent scenario of this path.

## Useful Contacts

|                                  |             |
|----------------------------------|-------------|
| SOS                              | 112         |
| Health Clinic                    | 238 490 400 |
| Militar Police Station (Gouveia) | 238 490 700 |
| Police Station                   | 238 490 290 |
| Volunteer Firefighters (Gouveia) | 238 492 138 |
| Parish Council (Rio Torto)       | 238 487 432 |



|                              |               |
|------------------------------|---------------|
| distance                     | 11 km         |
| duration                     | 3h00          |
| route type                   | circular      |
| cumulative gap               | 196 m         |
| lowest point / highest point | 404 m   499 m |

When?  
All year

Difficulty  
Medium

Field Code

- Right way
- Wrong way
- Footpath turns left
- Footpath turns right

- ### Safety code
- ★ Stay within the track
  - ★ Avoid noise or actions against nature
  - ★ Do not throw rubbish away
  - ★ Do not light any fire
  - ★ Do not change or damage the signs
  - ★ Do not take samples of plants or rocks