



Visit Gouveia

The best of Estrela starts here.



Get to know the Municipal Walking Trails Network!
For more information, consult: www.cm-gouveia.pt
Share your experience with us!



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PR6
GVA

Small Route

Alminhas

Local Waymarked Trails



Small Route

Alminhas

PR6
GVA

The Alminhas pedestrian route is located in the parish of Vila Nova de Tazem and enhances a set of wine-growing and religious cultural spaces of exceptional value in the region, on a 17.5-km circular route.

The 26 shrines (Alminhas) built in the parish of Vila Nova de Tazem, are part of our ethnographic and religious heritage, as a legacy of our ancestors, in the ultimate expression of this popular art. These religious structures are part of the imagery of Christian religious thought from the 16th century onwards, when a new dogma was established based on the existence of a purgatory, where imperfect souls were purified in limbo. Traditionally, shrines (Alminhas) were installed at the crossroads and edges of rural and agricultural paths, although today they are part of the facades of houses and walls in the urban agglomeration of Vila Nova de Tazem, as well as in the places of Tazem and Paçoinhos.

In addition to these heritage values, we highlight seven other places of worship, which demonstrate the proliferating religious architecture, as well as the Christian devotion of the people of this territory.

The user of this route is also accompanied by the typical wine-growing landscape of the Serra da Estrela sub-region, integrated in the demarcated wine region of Dão, where the famous altitude wines are produced, known for their freshness and balance that carry us to the flavours of the highest mountain in mainland Portugal.

Useful Contacts

SOS	112
Health Clinic (Vila Nova de Tázem)	238 486 114
Militar Police Station (VN Tazem)	238 486 546
Police Station	238 490 290
Volunteer Firefighters (VN Tázem)	238 486 162
Parish Council (VN Tázem)	238 486 647



distance	17 km
duration	4h30
route type	circular
cumulative gap	235 m
lowest point / highest point	417 m 516 m
When?	All year
Difficulty	Medium

Field code

- Right way
- Wrong way
- Footpath turns left
- Footpath turns right

- #### Safety code
- Stay within the track
 - Avoid noise or actions against nature
 - Do not throw rubbish away
 - Do not light any fire
 - Do not change or damage the signs
 - Do not take samples of plants or rocks