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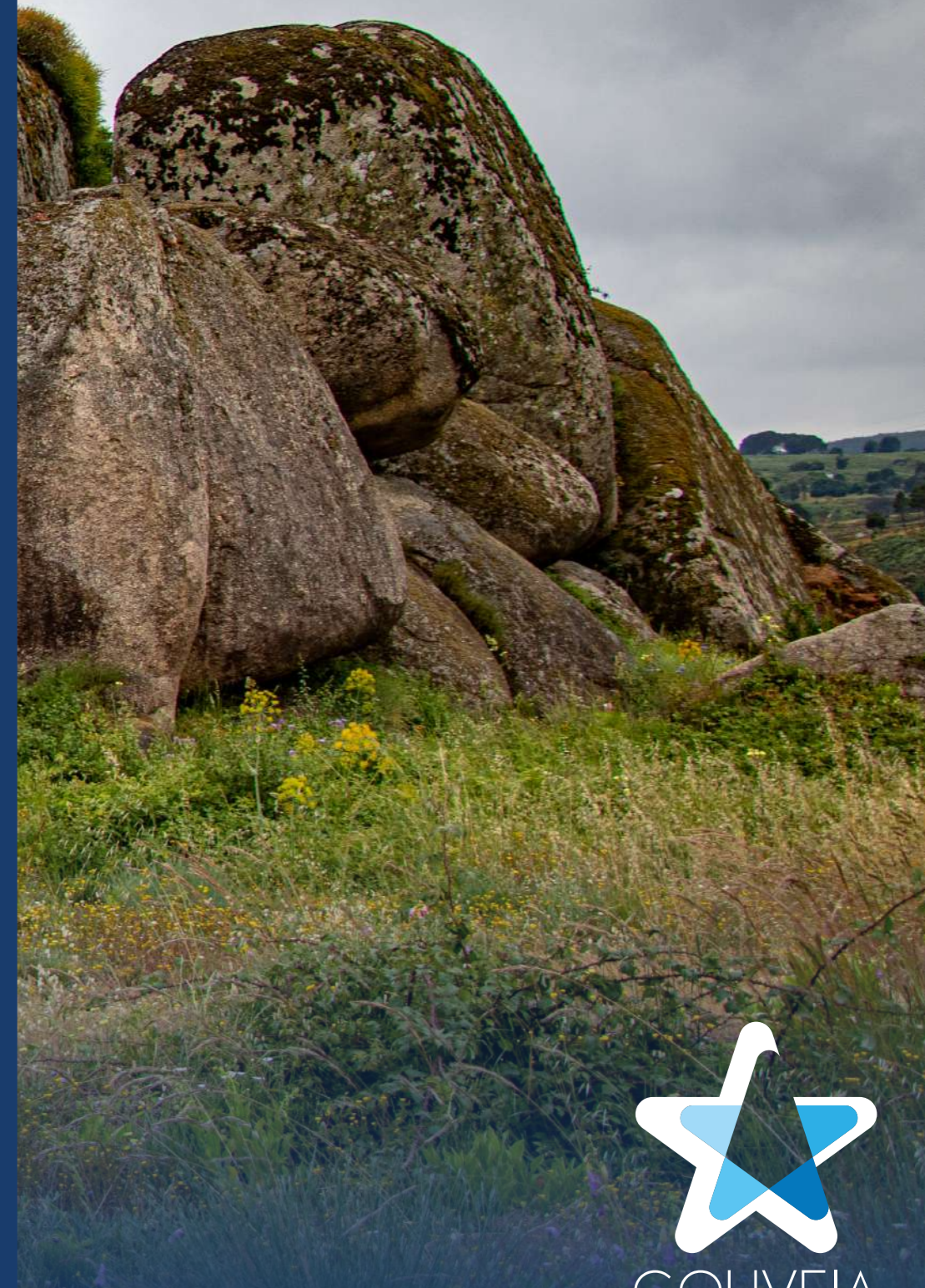


Small Route

PR3
GVA

Penedo dos Mouros

Local Waymarked Trails



Small Route

Penedo dos Mouros

PR3
GVA

The Penedo dos Mouros (PR) pedestrian route, located in the parish of Arcozelo da Serra, allows you to discover a set of remarkable environmental and archaeological spaces, along a circular route of 13 km.

In their silence, the stones tell us stories of other bygone days and other people. In the imagination of men, narratives of other eras dance, where reality merges with legend. The different vestiges that exist in this region give us an account of a human occupation with many thousands of years, by different peoples and many other beliefs. Penedo dos Mouros, certainly not the most significant in archaeological terms in this geographic area, we understand that this nevertheless represents a memory converted by the imagination of men into fantastic stories.

The Penedo dos Mouros Route is a tribute to this past made of glory, but also of suffering, where the sweat of the faces shaped the soils, which today constitute vineyards, olive groves and other crops. This still represents an important component in the economy of populations. As testimonies of these ancient experiences, we also have the archaeological site of Arrasado, whose place name preserves a testimony of destruction, and where an important medieval necropolis can be visited today. On the other hand, the rural work and agricultural wealth, in Arcozelo da Serra, witnessed in the set of rock mills in Lajes Ruivas, are an important contribution to the knowledge of these past experiences.

The route is characterised by an essentially rural landscape, combined with the archaeological remains of the past, where the fertility of Ribeira do Boco indelibly marks the landscape. Interestingly, despite the proximity to the Serra da Estrela massif, this region has a climate with very different characteristics, microclimatic, Mediterranean type with rainy winters, relatively mild temperatures and hot and dry summers, in an area where the balance between human action and the natural environment finds balance, rarely glimpsed in an increasingly mechanised, industrialised world far removed from the roots of humanity.

Useful Contacts

SOS	112
Health Clinic (Gouveia)	238 490 400
Militar Police Station (Gouveia)	238 490 700
Police Station (Gouveia)	238 490 290
Volunteer Firefighters (Gouveia)	238 492 138
Parish Council (Arcozelo da Serra)	926 707 654



distance	14 km
duration	3h30
route type	circular
cumulative gap	238 m
lowest point / highest point	350 m 473 m

When?
All year

Difficulty
Medium

Field Code

- Right way
- Wrong way
- Footpath turns left
- Footpath turns right

Safety code

- ★ Stay within the track
- ★ Avoid noise or actions against nature
- ★ Do not throw rubbish away
- ★ Do not light any fire
- ★ Do not change or damage the signs
- ★ Do not take samples of plants or rocks